

BQYC - Sailor's Code of Conduct and Safety Requirements

The Sailor's Code of Conduct has been developed to let you, the sailors, know how the instructors expect you to act during your time in the Learn to Sail Program. Appropriate behaviour will allow you to become well-rounded, self-confident sailors, and create a fun and safe environment for all participants in the BQYC sailing school.

In order to achieve this, we expect you follow these guidelines:

- Enjoy yourself. Sail for fun and the love of the sport.
- Work hard to improve your skills.
- Listen, ask questions, and watch others to see how you can better your skills.
- Learn teamwork, sportsmanship, discipline, confidence and self-control.
- Learn the rules, and play by them.
- Set a positive example for others, particularly younger sailors.

We expect you to:

- Respect your instructor/coach and your fellow participants.
- Take care of the sailing school equipment and the school grounds.
- Always share the work of rigging/de-rigging the boats and cleaning up at the end of the day.
- Be on time for sessions.
- Be ready to sail with your approved PFD, protective clothing, suntan lotion and protective footwear.
- Use good language – the use of profanity, obscene language, or obscene gestures is not permitted.
- NEVER participate in any fighting or bullying.

If you do not follow the Sailor's Code of Conduct, depending on the severity and the regularity of the violation, the following steps will be taken:

1. Sailor suspended for 1 day
2. Sailor Suspended for balance of session
3. Sailor suspended for summer

Please understand that the enforcement of this policy is to create a safe and fun learning environment for all.

Expectations of Parents and Guardians

We ask you:

- Ensure your child is on time and equipped with approved PFD, protective clothing, suntan lotion and protective footwear.
- Encourage your child to actively participate, ask questions, and have fun.
- Work with the instructor/coaches and sailing school manager to help improve the program and experience of your child. Be respectful and constructive.
- Familiarize yourself with the program information and requirements.

We always welcome feedback from you. We ask that if you have any complaints that you follow this chain of command:

- Address your concerns with your child's instructor/coach. If you are not satisfied that the issue has been addressed then,
- Take your concerns to the Head Instructor. If you are still not satisfied that the issue has been addressed then,
- Take your concerns to the Sailing School Manager

Following these guidelines promotes respect and trust within the program and its staff.

Mandatory Safety Requirements

1. CCG approved life jacket or PFD must be worn at all time when on or near the water.
There will be no exceptions.
2. Sailors must wear clothing appropriate for weather condition and have a change of clothing.
3. Footwear must be worn at all times. Sandals are not permitted while sailing or launching boats.
4. Waterproof sunscreen is required (SPF 15 or greater).
5. UV sunglasses and hats or visors are recommended.
6. Sailors must be able to swim 25 meters, wearing sailing clothing & equipment.
7. Wet suits are permitted but not in lieu of PFDs.
8. All sailors must respect the BQYC Sailing School rules.